

Dalla Riva Medical Cosmetics

New Patient Information

Name: _____ Birth Date: ____/____/____ Age: _____

E-mail: _____

Address: _____ Sex: M / F

City: _____ State: _____ Zip Code: _____

Home: (____) _____ Work: (____) _____ Cell: (____) _____

Emergency Contact: _____ Telephone: (____) _____

Allergies: _____

For women: LMP: _____

How did you hear about Dalla Riva Medical Cosmetics? _____

Please put a check mark next to the procedures about which you would like to receive more information:

- | | |
|--|---|
| <input type="checkbox"/> Wrinkle treatment | <input type="checkbox"/> Brown spots |
| <input type="checkbox"/> Products to reduce and prevent wrinkles | <input type="checkbox"/> Sun damage |
| <input type="checkbox"/> Enhanced skin rejuvenation | <input type="checkbox"/> Broken capillaries |
| <input type="checkbox"/> Collagen augmentation products | <input type="checkbox"/> Spider veins/leg veins |
| <input type="checkbox"/> Acne treatment | <input type="checkbox"/> Hair reduction |
| <input type="checkbox"/> Skin toning or pore size reduction | <input type="checkbox"/> Shaving bumps/ingrown hair |
| <input type="checkbox"/> Products to reduce and prevent acne | <input type="checkbox"/> Facial redness |

Medical History

Please put a check mark next to a past or current medical condition:

- | | |
|--|---|
| <input type="checkbox"/> Lupus or other auto-immune deficiency (A) | <input type="checkbox"/> Light sensitive epilepsy (A) |
| <input type="checkbox"/> Rheumatoid arthritis "Gold" therapy (A) | <input type="checkbox"/> Scars that turn white or brown (A) |
| <input type="checkbox"/> Currently pregnant (A) | <input type="checkbox"/> Dark spots after pregnancy, skin injury (A) |
| <input type="checkbox"/> Bleeding abnormalities (A) | <input type="checkbox"/> HIV (A) |
| <input type="checkbox"/> Accutane® in the last year (A) | <input type="checkbox"/> Hepatitis (A) |
| <input type="checkbox"/> Tetracycline® in the last month (A) | <input type="checkbox"/> Waxing/plucking/electrolysis within last four weeks (HR) |
| <input type="checkbox"/> Keloid or very thick scarring (A) | <input type="checkbox"/> Hirsutism (HR) |
| <input type="checkbox"/> Psoriasis (A) | <input type="checkbox"/> Transplant anti-rejection drugs (HR) |
| <input type="checkbox"/> Pulmonary embolism/blood clot (V) | <input type="checkbox"/> Chemical peels, dermabrasion, laser Resurfacing or face lift (A) |
| <input type="checkbox"/> Leg ulcer or phlebitis (V) | <input type="checkbox"/> Tattoos/permanent make-up (A) |
| <input type="checkbox"/> Blood thinning medication (V) | <input type="checkbox"/> Polycystic ovarian disease (PCOD) |
| <input type="checkbox"/> Coumadin®/anti-clotting agents (A) | <input type="checkbox"/> Implants (Location: _____) |
| <input type="checkbox"/> Cystic Acne (P) | <input type="checkbox"/> Collagen injection (Location: _____) |
| <input type="checkbox"/> Herpes simplex or fever blisters (A) | <input type="checkbox"/> Photosensitizing drugs such as PDT |
| <input type="checkbox"/> Diabetes (A) | |

Please list any medications or herbal supplements that you are currently taking:

Patient Signature

Date

(A) all treatments, (V) vascular treatments, (HR) hair removal/pseudofolliculitis, (P) micro & weekend peels

Enhanced Skin Rejuvenation, Wrinkle Reduction and/or Vascular and Pigment Irregularities

- The laser light is absorbed by melanin in the skin and blood (oxyhemoglobin) in the vessel. This will either break down the melanin or collapse the blood vessel. Laser light is also absorbed by melanin in the dermis, which causes the collagen to re-align.
- You can optimize treatment results by limiting sun exposure.
- As a result of this treatment, some redness and minor swelling can develop and persist for up to a few days. As a result of melanin breakdown, skin may have a slight graying or darkening effect and this will disappear within a few weeks.
- These effects of treatment can be controlled and reduced with cold compresses, 1% hydrocortisone cream or a moisturizing ointment. It is extremely important to apply a moisturizer and a recommended SPF45 sunblock and to avoid sun exposure on a daily basis to prevent additional sun damage.

Laser Acne Treatment

- The laser light triggers a natural change that helps eliminate p-acne.
- You can optimize your treatment results by limiting sun exposure.
- As a result of treatment, some redness and minor swelling can develop and persist for up to a few days.
- These effects of treatment can be controlled and reduced with cold compresses, hydrocortisone cream 1% or a moisturizing ointment. It is extremely important to apply a recommended product with SPF45 sunblock and to avoid sun exposure on a daily basis to prevent sun damage.

Laser Hair Reduction

- The laser energy/light is absorbed in the hair which creates heat, damaging the hair follicle. The damaged hair will shed in about two weeks.
- You can optimize treatment results by limiting sun exposure.
- Hair grows in cycles and only 30% or less may be actively growing at any one time, which is why we may recommend a series of treatments.
- You will need one to two maintenance sessions per year after initial treatment series.
- The treatment may cause some redness and minor swelling that can persist for one to two days.
- These effects of treatment can be controlled and reduced with cold compresses and 1% hydrocortisone cream.
- You must use the recommended sunblock with SPF 45 along with your moisturizer.
- This technology is safe for all skin types.

Laser Vein Treatment

- The laser light is absorbed by blood (oxyhemoglobin) in the vessel, creating heat, collapsing and sealing the vein.
- You can optimize treatment results by limiting sun exposure.
- As a result of the treatment, some redness and minor swelling can develop and persist for up to a few days with a "cat scratch" scab possibly forming and lasting up to two weeks. There may also be possible hair reduction at the treatment site.
- These effects of treatment can be controlled and reduced with cold compresses, 1% hydrocortisone cream or a moisturizing ointment. The use of a sunblock with SPF 45 is recommended. Support hose should be worn continuously for 3-5 days.

Lunchtime Laser Peels

- The Venus *i* laser light is absorbed by water in the skin. This will ablate and remove the superficial layer of the skin by exfoliation.
- You can optimize treatment results by limiting sun exposure.
- As a result of this treatment, some redness and minor swelling can develop and persist for up to a few days followed by peeling of the skin that can persist for up to a few days.
- These effects of treatment can be controlled and reduced with cold compresses, hydrocortisone cream or a moisturizing ointment. It is extremely important to apply a moisturizer with SPF45 sun block and to avoid sun exposure on a daily basis to prevent additional sun damage. Makeup can usually be applied the day after a Lunchtime Peel treatment.

NAME _____

DATE _____

Please answer the following questions by circling the number which best describes you. Your clinician will total the score during the consultation.

My ethnic origin is closest to:
(check one)

I. Very fair (Celtic and Scandinavian)	<input type="checkbox"/>
II. Fair-skinned Caucasians with light hair and light eyes	<input type="checkbox"/>
III. Pale-skinned Caucasians with dark hair and dark eyes	<input type="checkbox"/>
IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)	<input type="checkbox"/>
V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)	<input type="checkbox"/>
VI. Very dark-skinned (African)	<input type="checkbox"/>

My eye color is:

Light blue	0
Blue/green	1
Green/gray/golden	2
Hazel/light brown	3
Brown	4

My natural hair color at age 18 was:

Red	0
Blonde	1
Light brown	2
Dark brown	3
Black	4

The color of my skin that is not normally exposed to sun is:

Pink to reddish	0
Very pale	1
Pale with a beige tint	2
Light brown	3
Medium to dark brown	4
Dark brown-black	6

If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:

Burn, blister and peel	0
Burn, then when the burn resolves there is little or no color change	1
Burn, but then turns to tan in a few days	2
Get pink, but then turns to tan quickly	3
Just tan	4
Just gets darker	5
My skin color is so dark I can't tell	6

When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?

Longer than one month ago	0
Within the past month	1
Within the past two weeks	3
Within the past week	4

Total Score (to be tallied by your Laser Technician):

If your score is:	Your skin type is:	Notes:
0 – 3	I	
4 – 7	II	
8 – 11	III	
12 – 15	IV	
16 – 19	V	
20 – 24	VI	

